



Anastasia L. Gentles, M.D. FAAP

Dr. Anastasia L. Gentles is the CEO and co-founder of [NightLight Pediatric Urgent Care](#). Known as the “Gentle MD”, Dr. Gentles is well known in the Greater Houston community as an advocate for quality and consistent healthcare for children of all ages. Dr. Gentles and her two partners opened their second NighLight location in November 2009, this time in the CyFair section of Houston. Dr. Gentles began developing the Nightlight concept in January 2005 and successfully brought that vision to reality launching the first Nightlight After Hours Pediatrics clinic in March of 2007 in Sugar Land.

Since completing her training Dr. Gentles has worked in California and Texas in private practice as an attending physician at a teaching hospital; in a clinic dedicated solely to adolescent health and wellness; an assistant professor in a busy emergency center; and on call for sexual assault response teams. This wide range of pediatric experience helped her identify strengths and weaknesses in the delivery of pediatric care. NightLight was born out of one such identified need.

Although she remains dedicated to the concept of the medical home, Dr. Gentles’ vision for NightLight is to provide an affordable alternative to the emergency room for parents and their children while ensuring quality care targeted specifically toward the unique needs of children as patients.

Prior to forming Nightlight, she was an Assistant Professor of Pediatric Emergency Medicine at Baylor College of Medicine, and a Physician at Texas Children’s Pediatric Associates in Houston. Dr. Gentles also served as a Staff Physician at Austin Diagnostic Clinic, and Ambulatory Department Attending Physician at Children’s Hospital Oakland.

Dr. Gentles is licensed in Texas (2001), a Board Certified Pediatrician (2000), and is SAFE (Sexual Abuse and Forensic Examination) certified. Dr. Gentles attained her M.D. from the University of California, San Diego (1997), her M.S. in Fisheries from Texas A&M University (1993), and her B.S. in Zoology from the University of California, Davis (1990). Gentles is the recipient of a National Science Foundation Graduate Fellowship, a Texas A&M Minority merit Fellowship, and was awarded the San Diego Academy of Family Physicians Memorial Scholarship for Excellence in Undergraduate Medicine.

In addition to her dedication to NightLight, Dr. Gentles is active in her local church and as a mentor for young preteen girls through the ACTS mentor program. Additionally, she participates on the board of Dance for Life, an area non-profit dedicated to the health and wellness of youth through dance, fitness, and nutrition education. Her hobbies include running, reading and inventing.